	COMMANDER'S DISCRETION REF	PORT - REDUCTION OF REST
NOTE: All tim	times to be recorded as clate / time six-fine.	gure groups, expressed in both UTC and Local
PARTA	Operator	Aircraft Type
	Flight Number	Commender
	Date	
NOTE: If di belo	scretion exercised for part crew or indi w.	victuals state name(s) and operating capacity
PART B:	Last duty started	UTC / Local
	Last duty ended	UTC / Local
	Rest carried	Hours
	Calculated earliest next available	UTC / Local
	Actual start of next FDP	UTG/Local
	Rest period reduced by	
	Crew affected:	
PARTC	Comander's Report	
		Signed.
Operator's f	Remarks / Action Taken	
		Signed.
		Forwarded to CAA Fill

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